



TREATMENT
COLLECTION MENU

Welcome

WELCOME

Waldorf Astoria Seychelles Platte Island stands as a haven for lifestyle and wellness. Embracing a holistic approach, our concierge is committed to **curating personalized moments** for guests, fostering a **reconnection with nature** and promoting balance for an **enhanced sense of wellbeing**.



THE SKINCARE ATELIER

Offering only the **finest in skincare**, we are dedicated to introducing innovative and specialized skincare to our guests, ensuring we address their **specific needs for optimal skin health**.

NOURISH BY NATURE

60 / 90 min | 250 / 290 EURO ++

A one-of-a-kind and skillfully curated treatment directed by your therapist to suit your needs, this facial **embrace all the goodness that the islands** deliver in a **luxuriously nurturing and rejuvenating** ritual for all skin-types.

BEING WELL

Being Well offers **extraordinary spa treatments** seamlessly woven with innovative wellness practices, all **designed to elevate and optimize** overall wellbeing.

W

RELAX MASSAGE

60 / 90 min | 210 / 280 EURO ++

A fully personalized treatment based on **specific needs and desired results**. Combining flowing, soothing, and rhythmical movements using light to medium pressure. Designed to **gently relieve muscle tension** as well as to bring balance and a state of well-being.

DEEP TISSUE MASSAGE

60 / 90 min | 230 / 295 EURO ++

This massage is designed to target the **deeper layer of muscles**, it helps release stress, tension, boost circulation and **improve mobility and muscle tone**. Targeting the concerned areas it has a therapeutically effect.

BALINESE MASSAGE

60 / 90 min | 210 / 280 EURO ++

This **energy giving massage is soothing** using flowing, gliding strokes from moderate to firm pressure to stimulate circulation. The perfect blend of **muscle release and relaxation**.

MOVE WELL MASSAGE

90 min | 295 EURO ++

Move-well is a **muscular tension therapy**, using a combination of acupressure, soft tissue manipulation and tissue compression as well as gentle stretching to **enhance range of motion**. With stress and tension being eased, experience increased flexibility.

BODY SCRUB

60 min | 220 EURO ++

Stimulating and **detoxifying botanicals** to clarify and smooth the skin with an expert polish followed by a refreshing, detoxifying and toning balm to **enhance skin tone and vitality**.

BODY WRAP

60 min | 220 EURO ++

Designed to **promote healthy skin and tissue** function this gratifying and pampering experience employs soothing, softening and nourishing botanicals to envelop the body in **pure natural luxury**.

COMPLEMENTS

Complement your treatments with these **enhancements** that are aimed to **elevate the treatment experience** whilst promoting wellbeing. These treatments are intended to complement existing services and **cannot be reserved independently**.

HEAD MASSAGE

30 / 45 min | 110 / 160 EURO ++

A **deep relaxing** Indian head, neck and shoulder massage to ease muscle aches as well as to **relieve tension** to relax and calm the mind.

FOOT MASSAGE

30 / 45 min | 110 / 160 EURO ++

Enjoy the revitalizing foot massage that **focuses on aiding circulation** and reviving tired muscles.

BACK MASSAGE

30 / 45 min | 110 / 160 EURO ++

An energizing power back, neck and shoulder massage employing the dry techniques to **stimulate blood flow**. This is then followed by oil massage to **relieve aches and pain**, whilst promoting muscle flexibility and toning.

MINI BODY SCRUB

30 min | 125 EURO ++

For a brighter and younger skin, a quick body scrub will help nourish and **stimulate blood flow**.

MINI BODY MASK

30 min | 125 EURO ++

A moisturising treatment aids in **maintaining the glow** and hydration of skin



SPA ETIQUETTE

SPA OPENING HOURS

Daily 9:00 am to 7:00 pm

SPA RESERVATIONS

For any spa enquiries or reservations please dial #7270 or please ask our wellness concierge for available options

PRIOR TO ARRIVAL

We advise that you leave all your important and valuables belongings in your villa before coming to the spa. Please wear comfortable clothing, we provide bathrobes and disposable under garments for your treatments.

ARRIVAL

To make the most of your Spa experience, we recommend to arrive 20 minutes in advance of your appointment time in order to complete your health consultation form and enjoy the hydrotherapy facilities.

LATE ARRIVALS

Out of consideration for subsequent guests, if you arrive late, your appointment will conclude as initially scheduled.

IN VILLA TREATMENTS

Enjoy your Spa Experience within the confines of your villa at an extra 50% cost based on the menu price per person. Please consult your wellness concierge for the available options. A 100% charge will apply outside operational hours.

PRICING

All prices are quoted in EURO and subject to 10% Service Charge and 15% Government Tax. All payment will be charged to your villa and will appear on your account at the time of your departure from the resorts. Prices are subject to change without prior notice.

AGE REQUIREMENTS

Guests aged 12 to 16 are cordially invited to enjoy the pools and a curated array of treatments under the supervision of a guardian. For inquiries regarding treatments for younger guests, kindly consult our wellness concierge for available options or contact the spa reception directly.

